



Personal Training could be Tax Deductible!

Valued Fitness Together Clients,

We are always striving to make our services as affordable as possible. To that end, we would like to bring the following information to your attention. It may be possible for you to deduct part of the costs of your personal training as a qualified medical expense under the IRS tax code.

We must remind you that we are your personal trainers and not your lawyer, accountant, nor tax attorney. Please consult with your trusted financial advisor to confirm that your personal training sessions are tax deductible.

If you do qualify for an IRS medical expense deduction, we recommend that you have your doctor or medical practitioner fill out a fitness prescription for you. Basically, your doctor can show that your participation at Fitness Together is a medical expense you pay to lose weight to treat a specific disease diagnosed by your physician (such as obesity, hypertension, or heart disease). This expense can include fees you pay for membership in a weight reduction group as well as fees for attendance at periodic meetings. You cannot include membership dues in a gym, health club, or spa as medical expenses, but you can include separate fees charged for weight loss activities (such as the personal training sessions at Fitness Together!).

We are anxious to support your efforts to qualify for this deduction since we believe it will keep your training costs down. We would also be happy to speak with your doctor or accountant if they should have further questions.

For more information please contact us at the studio. We have a four page packet with more detailed information on this deduction that we would be happy to email or send to you.

To Your Health,

Your Friends at Fitness Together