A LITTLE ABOUT US

THE PREMIERE PERSONAL TRAINING STUDIO

We are a private personal training studio that offers every client a personalized workout experience based on their goals. Our certified trainers provide the accountability, motivation, guidance and support clients need to achieve results.

We are truly helping change lives by helping people set and stick to their fitness and health goals. Fitness Together® clients are not interested in a typical gym. They need the privacy, accountability and motivation that we provide to finally succeed. We really are a different kind of solution, a solution clients love because they get results.

- **Private and semi-private suites to put clients at ease.**
- **Boutique studios are typically located in some of the most beautiful neighborhoods in the country.**
- **Progress assessment systems support client's success and track improvement.**
- **Loyal clients who don't leave**
- **Proven and established brand**

★ **OVER 150 STUDIOS**

★ **35 YEARS IN BUSINESS**

★ **CLIENT SUCCESS STORY**

PHILLIP, 55

"It's easy to take your health for granted when you're younger. But, as you get older, you think about maintaining your health more. Things happen in life and you want to make sure that you're better prepared and positioned to deal with whatever life throws at you. Being in good health and good shape is a big positive first step. I feel a lot better so I'm able to do a lot more things than I thought I could ever do and I have so much more stamina."

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FT | FITNESS TOGETHER®
Private, Personalized Training & Nutrition

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