

FT Ashland

200 Butterfield Drive, Ashland, MA | Call/Text: 508-438-0050
BobSavin@FitnessTogether.com

SMALL GROUP TRAINING SCHEDULE

Small Group Training participants all start with a complimentary fitness consultation/intro session.

Book yours today!

Call/Text Bob: 508-438-0050

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:30 AM	✓	✓		✓	✓	
8:15 AM						
9:00 AM						✓
9:45 AM	✓	✓	✓	✓	✓	
6:00 PM	✓	✓	✓	✓	✓	
6:45 PM						

* FREE PASS *

This pass entitles you and a friend to join a Small Group Personal Training Session.

New guests/clients only. One free session per person.
All sessions by appointment, so reserve your space today.

Valid at FT Ashland | 200 Butterfield Drive | Call/Text: 508-438-0050

www.FTAshland.com

